

2021 Annual Report

**Strengthening families to create
a healthy community!**





Dear Friends,

Our mission is to provide quality human service programs which promote positive change in the lives of children and families in the communities we serve, and our mission has never been more needed than now. As I write this letter, many people in our community continue to suffer from the many challenges brought on by the pandemic. And yet, as I reflect on a challenging year for so many, I also find hope in how we have been able to respond to one of the greatest community needs during this historic time. The growing parental substance use crisis has intensified during this tough time in our country. In 2021, we responded to the growing need by expanding our substance use programming to include a transitional living program dedicated to preserving and protecting families in crisis within Southern Indiana. While living at Lotus House, pregnant and parenting women receive life skills and parenting classes, therapy aimed at resolving trauma, and substance use treatment. While in the program, women also receive support with pursuing employment or advancing in their education. Uniquely, Lotus House also offers the women an opportunity to build a healthier parental relationship with their children who are also living with them in the program.

Traditionally substance use treatment focuses on the adult who is using substances, without their children. Children also need critical healing from the chronic trauma experienced living in a family experiencing addiction and/or mental illness, neglect, and violence. Many of the women suffering with parental substance abuse, have also experienced adverse childhood experiences, cycles of violence and have traumatic histories. Family Ark's new program, Lotus House, teaches essential healthy living skills to women, at the same time as offering the women an opportunity to learn how to repair, bond and parent their children in the same location. By providing services together, we are able to prevent an additional trauma the child would experience by being separated from their parent. The preservation of the families provides increased motivation for treatment, improved outcomes and hope for both the parent and the children. We have already seen early success from this approach. In 2021, four women graduated from Lotus House in the first 9 months of the program. Every milestone the women and children accomplish stops potential abuse and neglect, prevents the need for separation of the family, improves their lifelong health outcomes, and ends the intergenerational cycle of trauma.

I'm excited for the future and a healthier tomorrow for the families in our community. We are so grateful for the continual support from the community, which allows us to expand needed services for children and parents which empowers families in Southern Indiana to thrive.

Sincerely,

A handwritten signature in blue ink that reads "Jeanean Jacobs". The signature is fluid and cursive, written in a professional style.

Jeanean Jacobs, ATR-BC, LPAT, JSOCC
President & CEO
Family Ark, Inc.

Our Strategic Goals

Family Ark is defined by four simple words, Compassion, Empowerment, Partnership and Hope. Together, these embody our values as well as the mission to preserve, support and stabilize children and families in crisis. Family Ark ensures every child and family has the opportunity to reach their full potential and build a foundation of well-being that last generations into the future.



Family Ark serves 5 counties in Southern Indiana, with a commitment to families of the opportunity to receive a second chance to heal, learn and flourish while making a difference that will last a lifetime.



Over 900 children served in 2021

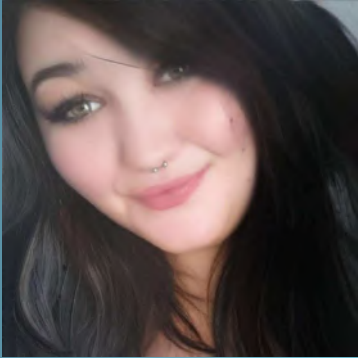
Over \$141,000 raised in 2021 to provide much needed services to Southern Indiana Families

The opening of Lotus House is helping preserve and protect families

Sharing our Story



Sharing our Story



Misty was referred to Family Ark's Behavioral Health Center (BHC) for a substance use assessment in the spring of 2020. Misty and her family had a long history of struggling with substance use. She was introduced to substances at a young age and was unaware that any other lifestyle was a reality for her. Misty had lost a sibling to active addiction several years earlier, and both of her parents struggled with addiction before passing away. Throughout her adult life, Misty experienced homelessness, active substance use, and did not have custody of her children. She had been referred to other agencies for services prior to her referral to the BHC but was unable to remain engaged for any length of time. After her assessment, she was assigned a recovery coach and an individual therapist. She soon entered IOP (Intensive Outpatient Program) as well but was unable to remain sober.

Misty remained in consistent contact with her recovery coach who continued to provide her support and encourage her to seek inpatient treatment. During this same time, she was pregnant and gave birth to her daughter. After giving birth, she decided it was time. Upon completing inpatient treatment, she reconnected with her therapist and recovery coach. Misty once again began IOP, stating that she was determined to complete it this time. With the help and trust developed by her Family Ark team, she agreed to enter Lotus House, in hopes of building stability and reunifying with her newborn daughter.

While at Lotus House, Misty completed IOP at Family Ark, and stepped down to recovery maintenance which she participated in consistently until her discharge. She joined Floyd County Hope court and her team was able to work collaboratively to build her recovery and parenting skills, but also help her diligently explore her past patterns and behaviors. During her time at Lotus House Misty was positive and encouraging to her fellow peers. As part of the Lotus House program, Misty completed 40 community service hours, including volunteering at the local Humane society and being a bellringer for the salvation army over the holidays.

Misty was able to take full advantage of the classes and groups offered by Family Ark including the Nurturing Parenting program. She also participated in case management services where she worked on budgeting, employment, and learning about community resources. Through a collaboration with the Clark County Health Department, she was also about to complete a smoking cessation class, CPR and Safe Sleep training. She also located an AA home group in New Albany and obtained a sponsor.

Sharing our Story - Cont.

Misty successfully closed her DCS case with her daughter while living at Lotus House. She and her husband were also able to gain increased visits and overnight visitation with their other children. Misty was actively involved in planning her transition back home from the Lotus House. She learned to make a schedule, through which she mapped out her transition time and slowly integrated herself back into her home environment. She has learned how to do household tasks that she had never done before and has improved her activities of daily living. Misty has continued making a chart to help her keep up with required tasks in her own home since leaving the Lotus House.

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Misty and her husband began Child Parent Psychotherapy (CPP) with their second youngest child while Misty was at Lotus House. Since her discharge, they have both been consistently attending CPP sessions. Both have been open to feedback and suggestions while working to implement feedback. Their son has been responding well to CPP and continues to have positive interactions with both parents. Misty continues to be receptive to feedback and utilizes that feedback in sessions with her son.

Misty has maintained her sobriety for over 18 months and has made a tremendous amount of progress with her overall wellness and living a lifestyle of recovery. Over time, her team saw that her ability to self-reflect improved substantially and she continues to work toward self-improvement.

Misty recently shared “I have the best relationship with my children now that I have EVER had.”

Misty continues to be involved as a support and mentor for Lotus House participants and for others in recovery. She is often heard offering to provide rides to recovery meetings and giving sound advice about “trusting the process.” She recently returned to Family Ark IOP as a speaker to share her story and offer hope to participants. Misty frequently thanks former staff and her team members whenever she sees them and recommends the Lotus House program and Family Ark services to people that she meets.

Being Thankful



Volunteer Leaders

Officers

Amy Semones, President

Attorney, Wilson & Semones Law Office

Kathy Gravely, Vice President

Independent Insurance Agent

Members

Brittany Blau

Attorney, Blau Law Office

Ann Carruthers

Executive Director of Clark & Floyd
System of Care

Chris Fox

Broker, The Chris Fox Real Estate Group

Grant Howard

President, Howard Built Homes

Brett Stilwell

Vice-President of Commercial Banking
Relations at Stock Yard Bank

Nathan Wolf

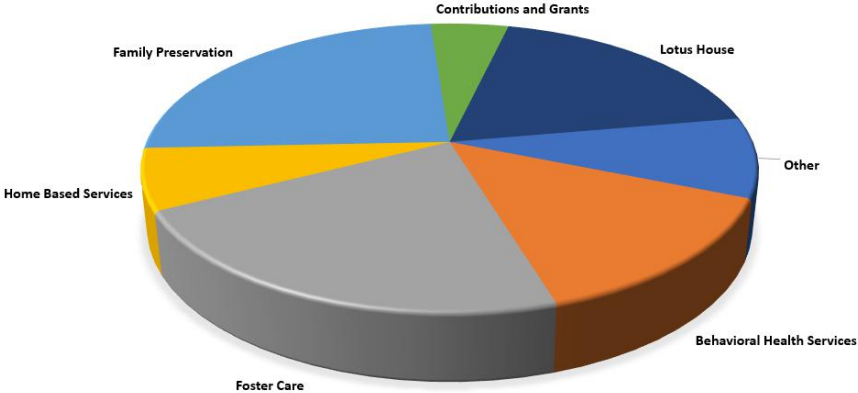
Honorary Lifetime Member

2021 Unaudited Financials

- \$2,904,165 - Overall Program Revenue
- \$147,867 - Contributions and Grants

2021 REVENUE

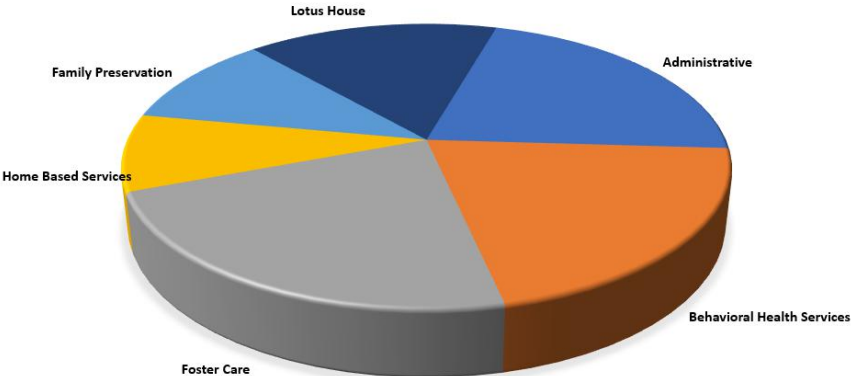
(UNAUDITED)



- \$2,196,738 - Overall Program Expense
- \$601,866 - Administrative

2021 EXPENSE

(UNAUDITED)



Donor List

We are grateful to all who supported Family Ark's work in 2021. Every dollar makes a difference on the number of children and families we are able to make a life changing impact in Southern Indiana.

\$25,000 - \$49,000

Metro United Way
Kosair Charities

\$15,000 - \$24,999

Caesars Foundation of Floyd County
Whas Crusade For Children

\$7,500 - \$14,999

Floyd Memorial Foundation
Anonymous Donation

\$1,000 - \$7,499

Caldwell Tanks
St. John Paul Catholic Church
Linda Schooler
Coyle Chevrolet
Barrow Anderson LLC
Leadership Southern Indiana
FOP Lodge One Hundred
Sarah Stivers
Harvey Goldberg Foundation

\$250-\$999

Hilary Renn
Brittany Blau
The Benevity Community Impact Fund
Douglas Feuerhelm
Callistus Smith Insurance



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